

Caring is Healing Self Realisation Genes, Emotions & Mind Power **Self Care & Compassion** History of the Institution **Recognising & Connecting to Supreme Power Creating Your Destiny** Unraveiling the Mysteries of Mind **Clearing Relationship Blockages Balance, Blessing & Bliss**

BK Shivani BK Rama Dr Mohit Gupta BK Shivani BK Asha BK Vidhatri BK Shivani Dr Mohit Gupta **BK Shivani BK Husain**

Guidelines For The Registration

- 1. Doctors of modern medicine and healthcare professionals in medical research inclined to spirituality are eligible along with spouse.
- 3. Medical Student who are interested in spirituality are also eligible.
- 3. Children below age of 20 years are not allowed.
- 4. Delegates are required to abstain from smoking and alcohol during their stay at the Campus.

Nearest Airport:

IGI Airport, New Delhi 55 Kms

Railway Stations Nearby:

Patuadi Road - 12 Kms, Gurugram - 42 Kms, New Delhi - 58 Kms, Nizammudin - 62 Kms

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CORRESPONDENCE

Brahma Kumaris, **Om Shanti Retreat Centre**,

NH-48, Bilaspur Chowk, Bhora Kalan, Dist.- Gurugram, Haryana - 122413

Mobile: 9650690505, 9650193000 Email: orc.corpservices@bkivv.org Website: www.omshantiretreat.org

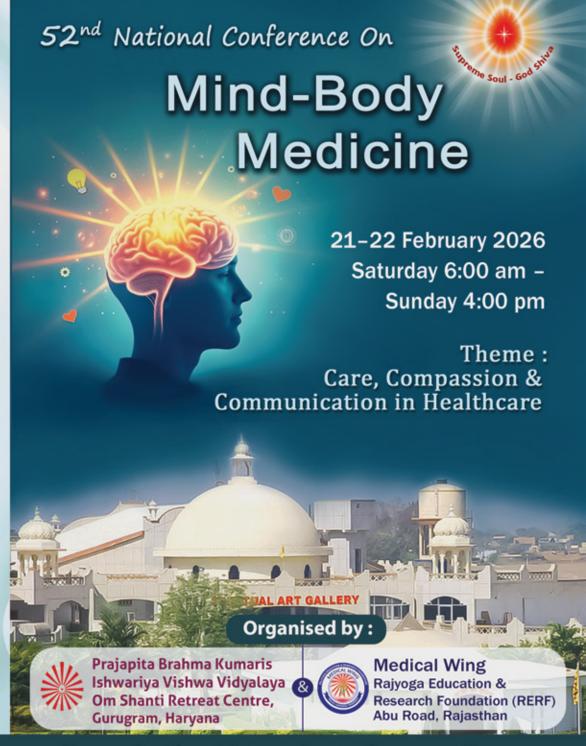
Online Registration

https://forms.gle/14LQH7LRmLntnJ4z7

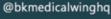


www.awakeningtv.in

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Cordial Invitation

Dear Spiritual Sister/Brother,

With immense happiness, we invite you to Om Shanti Retreat Centre, Gurugram, Haryana for our 52nd medical conference on Mind-Body Medicine, specially designed for doctors from all over india.

Unconditional care and commitment towards our patients is natural for us. We are often so busy taking care of others that we do not have time to take care of our own selves. As a result, we invite stress, fatigue, burnout or depression into our life. This conference is all about taking care and healing the one whom we have ignored the most - OUR OWN SELF.

In this Mind-Body Medicine conference medical professionals and Rajyoga practitioners will share simple spiritual tools which will shift our instincts from busy to easy; anger to patience; irritation to compassion; stress to happiness, and as we make this paradigm shift in our consciousness, life will become a celebration.

With greetings of love and peace,

B.K. Asha Didi Director, ORC Gurugram

Dr. Banarsilal Sah Secretary, Medical Wing (RERF) Mount Abu, Mobile - 7014986342







The Organisers

BRAHMA KUMARIS





The Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, (estb. in 1937), is an international spiritual, social, educational, non-profit organization with around 4500 Spiritual Service Centres in India and worldwide presence in 110 countries with the B.K. Mohini Didi Ji International Head-quarters situated at Mount Abu, Rajasthan.



Chief of Brahma Kumaris

It is affiliated to the United Nations with a consultative status in ECOSOC and UNICEF. It is also a member of Yoga Experts Committee and Inter Ministerial Committee of the AYUSH Ministry, Govt. of India.

MEDICAL WING (RERF)

The Medical Wing of the Rajyoga Education and Research Foundation, established in 1985, promotes holistic living, positive thinking, stress management, and health education. It has organized over 250 health fairs, and its project "My India, Healthy India" was recognized by the India Book of Records. With over 2,500 members, it advances wellness through De-addiction, Diabetes Care, and Holistic Health Education Camps.

OM SHANTI RETREAT CENTRE

Om Shanti Retreat Centre, the largest Brahma Kumaris campus in Northern India, is spread over 28 acres of sylvan landscape and was inaugurated in 2003 by Dr. A.P.J. Abdul Kalam. Recognized as a Regional Resource Centre for Education in Human Values by the Ministry of Education, it features a 1MW Hybrid Solar Power Generation Plant, a Green Mega Community Kitchen, Biogas Plant, Rainwater Harvesting Plant, an Art Museum, Meditation Pyramid, boarding, lodging and training facility for 1400 persons, and much more.





