

## Topics

Caring is Healing  
Self Realisation  
Genes, Emotions & Mind Power  
Self Care & Compassion  
History of the Institution  
Recognising & Connecting to Supreme Power  
Creating Your Destiny  
Unraveling the Mysteries of Mind  
Clearing Relationship Blockages  
Balance, Blessing & Bliss

BK Shivani  
BK Rama  
Dr Mohit Gupta  
BK Shivani  
BK Asha  
BK Vidhatri  
BK Shivani  
Dr Mohit Gupta  
BK Shivani  
BK Husain

### Guidelines For The Registration

1. Doctors of modern medicine and healthcare professionals in medical research inclined to spirituality are eligible along with spouse.
3. Medical Student who are interested in spirituality are also eligible.
3. Children below age of 20 years are not allowed.
4. Delegates are required to abstain from smoking and alcohol during their stay at the Campus.

#### Nearest Airport :

IGI Airport, New Delhi 55 Kms

#### Railway Stations Nearby :

Patuadi Road - 12 Kms, Gurugram - 42 Kms,  
New Delhi - 58 Kms, Nizamuddin - 62 Kms

### CORRESPONDENCE

**Brahma Kumaris,  
Om Shanti Retreat Centre,  
NH-48, Bilaspur Chowk, Bhora Kalan,  
Dist.- Gurugram, Haryana - 122413**

**Mobile : 9650690505, 9650193000**

**Email : [orc.corpservices@bkivv.org](mailto:orc.corpservices@bkivv.org)**

**Website : [www.omshantiretreat.org](http://www.omshantiretreat.org)**

#### Online Registration

<https://forms.gle/14LQH7LRmLtnJ4z7>



**[www.pmtv.in](http://www.pmtv.in)**

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52<sup>nd</sup> National Conference On

# Mind-Body Medicine

Supreme Soul - God Shiva

21-22 February 2026  
Saturday 6:00 am –  
Sunday 4:00 pm

Theme :  
Care, Compassion &  
Communication in Healthcare



Organised by :



Prajapita Brahma Kumaris  
Ishwariya Vishwa Vidyalaya  
Om Shanti Retreat Centre,  
Gurugram, Haryana



Medical Wing  
Rajyoga Education &  
Research Foundation (RERF)  
Abu Road, Rajasthan

Follow Us : @bkmedicalwingh @bkmedicalwing

Venue : Om Shanti Retreat Centre, Gurugram, Haryana





## Cordial Invitation

Dear Spiritual Sister/Brother,

With immense happiness, we invite you to Om Shanti Retreat Centre, Gurugram, Haryana for our 52<sup>nd</sup> medical conference on Mind-Body Medicine, specially designed for doctors from all over India.

Unconditional care and commitment towards our patients is natural for us. We are often so busy taking care of others that we do not have time to take care of our own selves. As a result, we invite stress, fatigue, burnout or depression into our life. This conference is all about taking care and healing the one whom we have ignored the most – OUR OWN SELF.

In this Mind-Body Medicine conference medical professionals and Rajyoga practitioners will share simple spiritual tools which will shift our instincts from busy to easy; anger to patience; irritation to compassion; stress to happiness, and as we make this paradigm shift in our consciousness, life will become a celebration.

With greetings of love and peace,

**B.K. Asha Didi**  
Director, ORC  
Gurugram

**Dr. Banarsilal Sah**  
Secretary, Medical Wing (RERF)  
Mount Abu, Mobile - 7014986342



## The Organisers

### BRAHMA KUMARIS



Prajapita  
Brahma Baba  
Founding Father

The Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, (estb. in 1937), is an international spiritual, social, educational, non-profit organization with around 4500 Spiritual Service Centres in India and worldwide presence in 110 countries with the International Head-quarters situated at Mount Abu, Rajasthan.



B.K. Mohini Didi Ji  
Chief of  
Brahma Kumaris

It is affiliated to the United Nations with a consultative status in ECOSOC and UNICEF. It is also a member of Yoga Experts Committee and Inter Ministerial Committee of the AYUSH Ministry, Govt. of India.

### MEDICAL WING (RERF)

The Medical Wing of the Rajyoga Education and Research Foundation, established in 1985, promotes holistic living, positive thinking, stress management, and health education. It has organized over 250 health fairs, and its project "My India, Healthy India" was recognized by the India Book of Records. With over 2,500 members, it advances wellness through De-addiction, Diabetes Care, and Holistic Health Education Camps.

### OM SHANTI RETREAT CENTRE

Om Shanti Retreat Centre, the largest Brahma Kumaris campus in Northern India, is spread over 28 acres of sylvan landscape and was inaugurated in 2003 by Dr. A.P.J. Abdul Kalam. Recognized as a Regional Resource Centre for Education in Human Values by the Ministry of Education, it features a 1MW Hybrid Solar Power Generation Plant, a Green Mega Community Kitchen, Biogas Plant, Rainwater Harvesting Plant, an Art Museum, Meditation Pyramid, boarding, lodging and training facility for 1400 persons, and much more.

